

# DEMENTIA SUPPORT GROUP FINDING HOPE WELLNESS CENTER, LLC

**JOIN OUR NEW DEMENTIA CAREGIVER  
SUPPORT GROUP  
LED BY CLINICAL NEUROPSYCHOLOGY  
FELLOW, DR. MORALES-ATALLAH**

Finding Hope Wellness Center, LLC will be providing a dementia caregiver support group covering a multitude of topics.

This group is open to individuals currently caring for a person with dementia (including Alzheimer's, Frontotemporal, Lewy Body, etc.)

Group Sessions will include:

- ❖ Psychoeducation
- ❖ Stress management
- ❖ Empathetic support
- ❖ Discussion with peers
- ❖ Sharing of resources & tools

## WHEN & WHERE

Beginning in the Fall  
Sessions will be held for 60  
minutes every 2 weeks for 3  
months

*Exact date to be determined*

## Remotely Presented

*Allows for attendance from the  
comfort of your own home*

## HOW DO I JOIN

CONTACT US TO SECURE A SPOT

Only 6 slots available!

Rates starting at \$40 per session

**Phone:** (813) 400-3447

**Email:**

[admin@findinghopewellnesscenter.com](mailto:admin@findinghopewellnesscenter.com)

**Website:**

findinghopewellnesscenter.com